

Bellarmino University Intercollegiate Bowling

Brains, Heart, Courage, Education, Development, Excellence, Teamwork.

Code of Conduct

1. I will maintain the eligibility requirements required by USBC Collegiate.
 - Minimum cumulative GPA of 2.0
 - Undergraduate: Be enrolled in 12 or more credit hours per semester
 - Graduate Student: Be enrolled in 6 or more credit hours per semester
2. I will **respect** all coaches, all administrators, all teammates and all opponents at all times.
- 3.. I will **represent** Bellarmine University in a positive and respectful manner at all times.
4. I will attend practices and meetings in accordance with the team commitment chart.
- 5 I will maintain good **sportsmanship** on and off the lanes with all teams at all times. This includes an absolute following of all rules set out in tournaments and by coaches, no abuse of equipment and facilities. This includes intentionally fouling and cussing during competition.
- 6 I will **encourage** my fellow teammates regardless of being in the current lineup or not.
- 7 I will NOT consume alcohol or use drugs while representing the University during travel, hotel stay, and tournament competition.
- 8 I will NOT have any type of sexual contact while traveling with the team.
- 9 If I have any problems, I will notify one of the coaches immediately via email or phone (Texting/IMing coaches with issues, including missing of practice is NOT allowed). The coaching staff will do their best to resolve the problem.
10. I will follow the Student Code as published by Bellarmine at all times.

You are expected to adhere to all of the above policies, as well as, anything covered in your team handbook or communicated to you, either verbally or in writing, by anyone on the coaching staff. If you choose to not follow the above rules the coaches have the option of disciplinary actions.

You must sign and date this Code of Conduct to be eligible to become a member of the Bellarmine University Intercollegiate Bowling Team.

Student Signature

Date

Head Coach Signature

Date

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Program Details - Team Structure

TEAM

We are a Registered Student Organization that is administered by the SGA and a Faculty advisor. Yearly club dues are \$200.

Before each tournament the coaches will decide, based upon the availability of the athletes, the rosters for the teams. As we continue to grow, we will hopefully have an A, B and C team. During non-Tier 1 tournaments, it is possible that teams will be mixed to give everyone a chance to compete at a high level. In other words, just because you are or are not on the A team that week does not mean anything except that is how we made the lineup that week.

For Tier-1 tournaments, the 5-8 bowlers the coach feel are bowling the best as well as being quality teammates at that moment in the season will be on the A team. If we are able to take a B/C team to Tier 1 tournaments, we will then go to the next best group of bowlers.

For Sectionals- the best 5-8 bowlers (as defined above) will bowl, but everyone who is academically eligible and who has fulfilled their commitments to the team will go to support their team.

Athletes need to understand that coaches will make substitutions. **The athlete is expected to support these changes and continue to be a team athlete, and to understand that the coach's job is to look at the big picture, and develop the entire team. Athletes also need to understand at tournaments that the COACH on the lanes is who they listen too. No coaching from the spectator area by people who are NOT on the coaching staff.**

All bowlers that go to Sectionals are encouraged to bowl in the Singles tournament on the day before the Sectionals, but MAY have to compete at their own expense. Bowlers who are not on the sectional team may compete in the singles at their own expense and may also have to pay for their own lodging if they are not bowling as part of the sectional team.

Athletes are expected to pay for their food while traveling, but all other normal expenses will be covered.

Benefits

1. Intercollegiate competition 4 – 12 tournaments (travel)
2. Coaching with video analysis for skill development
3. Free practice
4. Discount Open Bowling
5. Discounted pro shop services
6. Substantial discount of bowling equipment
7. Two shirts to be worn in competition

Commitments

7. Travel to 4 – 12 tournaments per year
8. 3 out of every 4 practices
9. Attend team meetings
10. Academics 1st, Family 2nd, Bowling team 3rd, then other clubs/organizations/etc.
11. Payment of team fees
12. Uphold Code of Conduct
13. Participate In Fundraisers
14. Help in Planning and Preparation of Striking Knights Invitational

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Program Details - Team Structure - Coaching

A list of Pro Shops that provide discounted services to the Bellarmine athletes will be distributed at the beginning of the season.

Practice at AMF Rose Bowl North will be \$1.00 a game. You will need to present your ID to receive the discount, the discount is only available if there are open lanes, and should the house fill up, AMF Rose Bowl North can bump the athletes from the lanes.

Coaches

Coaches follow the Double Goal Coach Principles as laid out in the Positive Coaches Alliance. All coaches will also be Positive Coaching Alliance Double Goal Coaches.

The fundamentals of this are:

- . To replace the "win-at-all-cost" model of coaching with the "Double-Goal Coach" who wants to win but has a second, more important, goal of using sports to teach life lessons;
- . To teach youth sports organization leaders how to create an organizational culture in which Honoring the Game is the norm; and
- . To spark and fuel a "social epidemic" of Positive Coaching that will sweep this country.

We pledge to treat each athlete as an individual human being.

We pledge to be a good example at all times.

Each athlete will get individual coaching to the fullest extent possible.

We will win and achieve as a team.

Coaches will not use negativity at any point UNLESS one of the rules of the Code of Conduct violation.

Coaches will continue to educate themselves about bowling in the mental, physical and equipment related parts of the game.

Pain Heals

Guys/Chicks Dig Scars

Glory Lasts Forever